

TRADITIONAL  
MEDICINE  
JUNE 22-24 | 2026

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9<sup>th</sup> Edition of  
International Conference on  
**Traditional Medicine**  
and  
*Integrative Health*

June 22-24, 2026  
Barcelona, Spain

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Theme: Health for All: Using Traditional Methods in Today's Healthcare

**IN-PERSON:**

**Hotel Alimara**  
Carrer de Berruguete, 126,  
Horta-Guinardó, 08035 Barcelona, Spain

**VIRTUAL:**

Central European Summer Time (CEST)



## IN-PERSON

@Sitges

Central European Summer Time (CEST)

## VIRTUAL

@Zoom Meeting

Central European Summer Time (CEST)

**MONDAY  
JUNE 22  
2026**

### DAY 01

08:00-08:50	Registrations
08:50-09:00	Opening Ceremony and Introduction
09:00-11:00	Keynote Sessions
11:30-16:00	Oral Sessions
16:30-17:10	Workshop Session

11:00-11:30 Coffee Break | 12:50-14:00 Lunch Break  
16:00-16:30 Coffee Break

### DAY 01

11:30-12:00	AV Check
12:00-14:40	Keynote Sessions
14:40-18:00	Oral Sessions
18:00-19:20	Keynote Sessions

**TUESDAY  
JUNE 23  
2026**

### DAY 02

08:50-09:00	Opening Remarks
09:00-11:00	Keynote Sessions
11:30-15:30	Oral Sessions
15:30-16:00	Poster Sessions
16:00-17:20	Workshop Sessions

11:00-11:30 Coffee Break | 12:50-14:00 Lunch Break  
15:30-16:00 Coffee Break

### DAY 02

11:30-12:00	AV Check
12:00-13:20	Keynote Sessions
13:20-15:20	Oral Sessions
15:20-16:00	Workshop Session
16:00-17:20	Oral Sessions
17:20-18:00	Workshop Session
18:00-20:00	Keynote Sessions
20:00-20:20	Oral Session

**WEDNESDAY  
JUNE 24  
2026**

### DAY 03

08:50-09:00	Opening Remarks
09:00-10:20	Keynote Sessions
10:20-11:00	Workshop Session
11:30-15:20	Oral Sessions

11:00-11:30 Coffee Break | 13:00-14:00 Lunch Break  
15:20-15:50 Coffee Break

### DAY 03

11:30-12:00	AV Check
12:00-14:40	Keynote Sessions
14:40-20:50	Oral Sessions

## Important Note

The conference follows Central European Summer Time (CEST) for both In-Person and Virtual sessions.

When the program refers to Local Timings, it means the time mentioned is in the time zone of the presenter's country.

In-person presentations will take place in the Sitges Meeting Hall @Hotel Alimara, Barcelona, Spain. Virtual presentations will take place on Zoom.

Please remain accessible in the hall or on Zoom throughout the day as there may be minor program adjustments due to technical issues or presenter no-shows.

# Keynote Speakers



**Kenneth R. Pelletier**

University of California School of Medicine,  
United States



**Mary Jo Bulbrook**

Akamai University, United States



**John Downes**

Life University, United States



**Gene Bruno**

Nutraland, United States



**Kevin KF Ng**

MD Natural Care LLC, United States



**Girish Momaya**

Stichting Maharishi European Research  
University (MERU), Netherlands



**Bruno Renzi**

Maharishi College for Perfect Health  
International, Netherlands



**Lothar Pirc**

Maharishi Ayurveda, Germany



**Sweta Vikram**

NimmiLife, LLC, United States



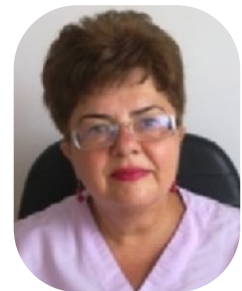
**Mohammad Kamil**

Lotus Holistic Health Institute, United Arab  
Emirates



**Zhenhuan LIU**

University of Chinese Medicine, China



**Angela Sanda Tudor**

Romanian TCM Society, Romania



**Shu-Yuan Chen**

China Medical University, Taiwan



**Anton Keppel**

EATCM-Austria, Austria



**Mary Elizabeth Wakefield**

Chi-Akra Center for Ageless Aging,  
United States



**Laure Le Corroller**

Dr. & Master Sha Tao Academy, Canada

# Keynote Speakers



**Sunita Teckchand**

The Holistic Alternatives FZ LLC, United  
Arab Emirates



**Amadio Bianchi**

European Yoga Federation, Italy



**Martine Negro**

Nature Care College, Australia



**Iuliana Vintila**

University "Dunarea de Jos" Galati, Romania



**Elizabeta Popova Ramova**

MIT University Skopje, Republic of North  
Macedonia



**Robert Kempenich**

AREMA, France



**Bernd Blobel**

University of Regensburg, Germany

Central European Summer Time (CEST)

08:00-08:50	Registrations
08:50-09:00	Opening Ceremony and Introduction

**Moderator:**

**Elsa Ramos Elias**, Healing Spirit-Mind-Body S.L., Spain

**Chairs:**

**Girish Momaya**, Stichting Maharishi European Research University (MERU), Netherlands  
**John Downes**, Life University, United States

09:00-09:40

Keynote Session

**Girish Momaya**, Stichting Maharishi European Research University (MERU), Netherlands

Title: Pure consciousness and lifestyle practices in Ayurveda - Positive epigenetic transformations

09:40-10:20

Keynote Session

**John Downes**, Life University, United States

Title: Functional integration of chiropractic into the traditional medicine paradigm

10:20-11:00

Keynote Session

**Sweta Vikram**, NimmiLife, LLC, United States

Title: Grief without a funeral: How unresolved loss drives chronic illness relief

11:00-11:30

Coffee Break @Foyer | Group Photo

11:30-11:50

Oral Session

**Sonia Zadro**, Bond University, Australia

Title: Is reiki more effective than placebo?

11:50-12:10

Oral Session

**Erin Maurer**, Nuvia Association for Nutrition and Health, Switzerland

Title: Integrative nutrition therapies: A systems-level framework for chronic health conditions

Central European Summer Time (CEST)

12:10-12:30

Oral Session

**Ashot Khachatryan, New Hydrogen Technologies RPC, Armenia**

Title: Hydrogen medicine: A new direction in modern and alternative medicine

12:30-12:50

Oral Session

**Qilei Chen, Hong Kong Baptist University, China**

Title: M2 macrophage-mediated targeted delivery of herbal medicines in Rheumatoid Arthritis (RA)

12:50-14:00

Lunch Break @Restaurant

14:00-14:20

Oral Session

**Sweta Vikram, NimmiLife, LLC, United States**

Title: Burnout decoded: Ayurveda on stress, sleep, and emotional wellbeing

14:20-15:00

Oral Session

**Farah Ganjei Gron, New Life Homeopathy, Inc., United States**

Title: The misunderstood individuals on the autism spectrum and how to help them with a multi-modality holistic process

15:00-15:20

Oral Session

**Kimber Olson, Juniper & Pine Consulting, LLC, United States**

Title: Before polyvagal theory, there was ceremony: Why Indigenous regulation practices hold the keys to healing trauma, chronic pain, and collective wellness

15:20-15:40

Oral Session

**Khan Sanowber, GHER, France**

Title: The theory of bioresonant energy transduction: Bridging quantum physics and traditional medicine

IN-PERSON

## Day 1 @Sitges

Central European Summer Time (CEST)

June 22, Monday

15:40-16:00

Oral Session

**Yun-Seo Lim, Wooje Research Institute for Integrative Medicine, Republic of Korea**

Title: Damjeok syndrome: A novel gastrointestinal disease based on Traditional Korean Medicine (TKM)

16:00-16:30

Coffee Break @Foyer

16:30-17:10

Workshop Session

**Elsa Ramos Elias, Healing Spirit-Mind-Body S.L., Spain**

Title: Marma therapy: Reviving the subtle science of Ayurvedic vital points for modern healing

End of Day 1  
In-person Sessions

# Day 1 @Zoom Meeting

June 22, Monday

Central European Summer Time (CEST)

11:30-12:00

Introduction | AV Check

**Moderator:**

**Selvan Senthil Kumar Nadar, Dr. Selvan's Homeopathy, India**

Central European  
Summer Time (CEST)

Presenter's Local  
Country Time

12:00-12:40

12:00-12:40

Keynote Session

**Lothar Pirc, Maharishi Ayurveda, Germany**

Title: Maharishi Ayurveda: Reviving the ancient science of life for modern healthcare - A consciousness-based approach to disease prevention, rejuvenation, and collective health

12:40-13:20

18:40-19:20

Keynote Session

**Zhenhuan LIU, University of Chinese Medicine, China**

Title: Painless scalp electroacupuncture therapy for autism spectrum disorder

13:20-14:00

13:20-14:00

Keynote Session

**Bernd Blobel, University of Regensburg, Germany**

Title: Enabling knowledge-driven communication and cooperation in intelligent and ethical transformed health ecosystems

14:00-14:40

14:00-14:40

Keynote Session

**Robert Kempenich, AREMA, France**

Title: Presentation of anthroposophic medicine

14:40-15:00

15:40-16:00

Oral Session

**Krashenyuk Albert Ivanovich, Academy of Hirudotherapy, Russian Federation**

Title: The SARS-CoV-2 virus pandemic has led to the development of a disease that should be called "COVID-19 – Post-COVID syndrome."

Central European  
Summer Time (CEST)Presenter's Local  
Country Time

15:00-15:20

18:30-18:50

Oral Session

**Anil Jauhri, Freelance, India**

Title: Leveraging global standards to promote traditional medicine

15:20-15:40

18:50-19:10

Oral Session

**Selvan Senthil Kumar Nadar, Dr. Selvan's Homeopathy, India**

Title: Unexceptional results in homeopathy with evidence-based case presentation

15:40-16:00

19:10-19:30

Oral Session

**Biswajit Dash, Govt. Ayurvedic College and Hospital, India**

Title: An umbrella view on Abhyanga (Ayurvedic massage)

16:00-16:20

16:00-16:20

Oral Session

**PH Mfengwana, Central University of Technology, South Africa**

Title: The ethnobotanical path to patients: Translational challenges in biomedical innovation

16:20-16:40

16:20-16:40

Oral Session

**Florent Pirot, Independent Researcher, France**Title: Interactions between internal  $\alpha$ -radiation, pharmacological agents, and sister-chromatid exchanges: A mechanistic synthesis made with support from ChatGPT

16:40-17:00

10:40-11:00

Oral Session

**Debrah Nadler, Alzheimer's Support, LLC, United States**Title: Bringing calm to chaos: Empowering caregivers through the Alzheimer's wake-up-the-brain process<sup>SM</sup>

Central European  
Summer Time (CEST)Presenter's Local  
Country Time

17:00-17:20

11:00-11:20

Oral Session

**Maria Fiordalisi, Helianthus Holistic Arts, Canada**

Title: Holistic approaches to mental wellness: Bridging aromatherapy and Ayurveda

17:20-17:40

11:20-11:40

Oral Session

**Sherry Steine, Aligned Expressions, United States**

Title: Sacred synergy: Integrating therapeutic yoga and aromatherapy in traditional healing

17:40-18:00

08:40-09:00

Oral Session

**Sy Wind, Concordia University, United States**

Title: Sound and frequency changing reality

18:00-18:40

09:00-09:40

Keynote Session

**Kenneth R. Pelletier, University of California School of Medicine, United States**

Title: Change your genes - Change your life: Sorting the hope from hype of human longevity

18:40-19:20

06:40-07:20

Keynote Session

**Mary Jo Bulbrook, Akamai University, United States**

Title: Restore hope – Promote healing worldwide: Holistic family care to achieve wellness for all

Central European Summer Time (CEST)

08:50–09:00 Opening Remarks

**Moderator:****Andrea Darsana**, Darsana Medicina Ayurveda Integrativa, Spain**Chairs:****Angela Sanda Tudor**, Romanian TCM Society, Romania  
**Laure Le Corroller**, Dr. & Master Sha Tao Academy, Canada

09:00–09:40

Keynote Session

**Angela Sanda Tudor, Romanian TCM Society, Romania**

Title: The importance of integrating Traditional Chinese Medicine (TCM) with conventional medicine in the diagnosis and treatment of physical and mental exhaustion due to excess or lack of professional activity

09:40–10:20

Keynote Session

**Anton Keppel, EATCM-Austria, Austria**

Title: The further development of frequency auriculomedicine

10:20–11:00

Keynote Session

**Laure Le Corroller, Dr. & Master Sha Tao Academy, Canada**

Title: Shen medicine using Tao healing arts for chronic and life-threatening conditions

11:00–11:30

Coffee Break @Foyer

11:30–11:50

Oral Session

**Margo Bachman, Wild Rose Medicine, United States**

Title: Pattern-based Chinese herbal therapeutics in peri-menopause: Clinical applications &amp; evidence-based medicine

11:50–12:10

Oral Session

**Kimber Olson, Juniper & Pine Consulting, LLC, United States**

Title: Inviting the sacred wound into circle: Re-storying an Indigenous mind-body medicine framework for healing

12:10-12:30

Oral Session

**Ushakiran Sisodia, Jaslok Hospital Research Centre, India**

Title: Use of traditional medicine and lifestyle modifications versus not counting calories for weight loss gets 100% results

12:30-12:50

Oral Session

**Raphael Aparecido Geraldin Pedroso, Colégio Brasileiro De Osteopatia (CBO), Brazil**

Title: Effect of upper cervical, diaphragm, pelvis and foot manipulative techniques in the treatment of nonspecific low back pain: A pilot study

12:50-14:00

Lunch Break @Restaurant

14:00-14:20

Oral Session

**Andrea Darsana, Darsana Medicina Ayurveda Integrativa, Spain**

Title: Ayurvedic monodiet as a microbiota-modulating strategy: Bridging traditional medicine and modern integrative science

14:20-14:40

Oral Session

**Moya Xu, Zhejiang University, China**

Title: An exploratory study of Chinese calligraphy handwriting on rumination for female psychosomatic symptoms

14:40-15:00

Oral Session

**Cheng Chen, Zhejiang University, China**

Title: Virtual nature promotes stress recovery and attention restoration: Psychological and physiological evidence from the Trier Social Stress Test (TSST)

15:00-15:30

Oral Session

**Anita Vestal, T'ai Chi Chih Research Group, United States**  
**Adam Lacey, International T'ai Chi Chih Foundation, United Kingdom**

Title: Open demonstration of T'ai Chi Chih and report of research linking the practice to mind body health

15:30-16:00

Coffee Break | Poster Sessions @Foyer

PP1

Poster Session

**Adam Lacey, International T'ai Chi Chih Foundation, United Kingdom**

Title: Associations between mindfulness and T'ai Chi Chih: Results of mixed methods observational study

PP2

Poster Session

**Lucero Del Mar Ruiz Posadas, Colegio de Postgraduados, Mexico**

Title: Antimicrobial potential of extracts of five medicinal plants of central Mexico

PP3

Poster Session

**M.C. Ivonne Pérez Bautista, Colegio de Postgraduados, Mexico**

Title: Plant species with potential inhibitory activity against snake venom toxins

16:00-16:40

Workshop Session

**Sweta Vikram, NimmiLife, LLC, United States**

Title: From overwhelm to regulation: Ayurvedic strategies for anxiety relief

16:40-17:20

Workshop Session

**Edith Guba, Dao Yuan Schule für Qigong, Germany**

Title: What is Qi?

End of Day 2  
In-person Sessions

Central European Summer Time (CEST)

11:30-12:00

AV Check

**Moderator:****Anandi Ravinath**, Inner Light Foundation, IndiaCentral European  
Summer Time (CEST)Presenter's Local  
Country Time

12:00-12:40

20:00-20:40

Keynote Session

**Martine Negro**, Nature Care College, Australia

Title: Healing beyond borders: A holistic approach to human and planetary health

12:40-13:20

14:40-15:20

Keynote Session

**Sunita Teckchand**, The Holistic Alternatives FZ LLC, United Arab Emirates

Title: Fibromyalgia – The role of aromatherapy and alternative medicine

13:20-13:40

07:20-07:40

Oral Session

**Carmen Catalano**, Carmen Ciarcia, LLC, United States

Title: Mitigating the negative effects of MTHFR polymorphisms C677T &amp; A1298C using the principles of the preservation of Jing according to TCM

13:40-14:00

19:40-20:00

Oral Session

**Hong Mei**, China Academy of Chinese Medical Sciences, China

Title: A study on the principles and framework for translating traditional medicine terminology

14:00-14:20

20:00-20:20

Oral Session

**Chenchen Sun**, China Institute for History of Medicine and Medical Literature, China  
Academy of Chinese Medical Sciences, China

Title: Bawraq Armani in the Huihui Yaofang: Provenance labels and material identity in a silk road ophthalmic prescription

14:20-14:40

13:20-13:40

Oral Session

**Andy Patterson**, The Hippocratic Institute, United Kingdom

Title: Artificial Intelligence (AI) in nutrigenetics

Central European  
Summer Time (CEST)Presenter's Local  
Country Time

14:40-15:00

18:10-18:30

Oral Session

**Anandi Ravinath, Inner Light Foundation, India**

Title: Journey into mind- DNA - Consciousness

15:00-15:20

18:30-18:50

Oral Session

**Amrita Sharma, GRDU, India**

Title: Mantra Chikitsa and vibrational medicine: Reintegrating Ayurvedic sound therapy into contemporary biomedical science

15:20-16:00

16:20-17:00

Workshop Session

**Tarek Hanfy Mahmoud, Deraya University, Egypt**

Title: Impact of wet cupping therapy (Al-Hijamah) on hyperuricemia in hypertension patients

16:00-16:20

10:00-10:20

Oral Session

**Julieta Andico Songco, JAS Consulting Services, United States**

Title: Food nutrition and diet in traditional medicine and integrative health

16:20-16:40

10:20-10:40

Oral Session

**Christina Barea, 5 Phases Health Center, United States**

Title: Beyond the diagnosis: Reclaiming autonomy in chronic illness through targeted Qigong and physical conditioning

16:40-17:00

10:40-11:00

Oral Session

**Cécile Ellert, Subtil Academy, United States**

Title: Essential oils, meridians &amp; quantum fields: The future of aromatherapy was always ancient

Central European  
Summer Time (CEST)Presenter's Local  
Country Time

17:00-17:20

08:00-08:20

Oral Session

**Shaweta Vasudeva, ShayTheCoach Acupuncture, United States**

Title: Therapeutic benefits of auricular acupuncture for substance use disorders

17:20-18:00

11:20-12:00

Workshop Session

**Alexis Brink, Director of Jin Shin Institute, United States**

Title: The core – Principles and practical applications in the art of Jin Shin

18:00-18:40

12:00-12:40

Keynote Session

**Kevin KF Ng, MD Natural Care LLC, United States**

Title: Rationale for an adaptogenic diet

18:40-19:20

12:40-13:20

Keynote Session

**Gene Bruno, Nutraland, United States**

Title: Akkermansia muciniphila 001 (AKK001™) postbiotic for body morphology and metabolic indicators in an overweight population: A randomized, controlled trial

19:20-20:00

13:20-14:00

Keynote Session

**Mary Elizabeth Wakefield, Chi-Akra Center for Ageless Aging, United States**

Title: An introduction to alchemical facial acupuncture: "Sparking the Shen"

20:00-20:20

23:30-23:50

Oral Session

**Reshma Shettigar, Yenepoya Ayurveda Medical College & Hospital, India**

Title: Comparative impact of classical shodhana procedures on the phytochemical profile and anticancer potential of Semecarpus anacardium against MCF-7 breast cancer cells

End of Day 2

Central European Summer Time (CEST)

08:50–09:00 Opening Remarks

**Moderator:****Adrijana Todeska**, Qi Holistic, Skopje, Republic of North Macedonia**Chair:****Bruno Renzi**, Maharishi College for Perfect Health International, Netherlands

09:00–09:40

Keynote Session

**Bruno Renzi**, Maharishi College for Perfect Health International, Netherlands

Title: The mind in Maharishi Ayurveda

09:40–10:20

Keynote Session

**Shu-Yuan Chen**, China Medical University, Taiwan

Title: The convergence of traditional I Ching studies and modern predictive medicine: From fate hexagrams to life cycle for early warning of disease risk

10:20–11:00

Workshop Session

**Elsa Ramos Elias**, Healing Spirit-Mind-Body S.L., Spain

Title: Rebuilding after heartbreak: A structured Ayurvedic approach

11:00–11:30

Coffee Break @Foyer

11:30–11:50

Oral Session

**Katia Dolle**, Fundación Katia Dolle, Spain

Title: Reduction in the severity of Autism Spectrum Disorder (ASD) with the Katia Dolle Method®: A retrospective cross-sectional study

11:50–12:20

Oral Session

**Marian Mulligan**, CEO Sphenoid Ireland, Ireland

Title: Structural alignment, cellular repair, and electromagnetic interaction in treatment of violence, suicide and homicide prevention

## Day 3 @Sitges

June 24, Wednesday

Central European Summer Time (CEST)

12:20-12:40

Oral Session

**Andréia Castilho, Maharishi College of Perfect Health International, Netherlands**

Title: Maharishi Ayurveda aroma therapy: A holistic approach for mental, emotional and physical health

12:40-13:20

Oral Session

**Laure Le Corroller, Dr. & Master Sha Tao Academy, Canada**

Title: Shen medicine using Tao healing arts for chronic and life-threatening conditions

13:20-14:20

Lunch Break @Restaurant

14:20-14:40

Oral Session

**Victoria Fernández, Asociación Raíces Toletvm MTZ, Spain**

Title: Ancestral medicine in modern times: The living wisdom of the Zenù people and its physical-spiritual healing system

14:40-15:00

Oral Session

**Adrijana Todeska, Qi Holistic, Skopje, Republic of North Macedonia**

Title: Combination of acupuncture, moxibustion and breathing techniques against panic attacks and anxiety

15:00-15:20

Oral Session

**Ruben Sanchez Yepes, Maharishi International University, United States**

Title: The wellbeing-performance paradox: Lessons from sport for integrative health

15:20-15:50

Coffee Break @Foyer

End of Day 3  
In-person Sessions

# Day 3 @Zoom Meeting

June 24, Wednesday

Central European Summer Time (CEST)

11:30-12:00

AV Check

**Moderator:**

**Mangala Kotnis, Consultant, India**

Central European  
Summer Time (CEST)

Presenter's Local  
Country Time

12:00-12:40

12:00-12:40

Keynote Session

**Amadio Bianchi, European Yoga Federation, Italy**

Title: Health in our current civilization

12:40-13:20

12:40-13:20

Keynote Session

**Elizabeta Popova Ramova, MIT University Skopje, Republic of North Macedonia**

Title: Treatment with Pneumo massage-cupping as evidence-based medicine therapy

13:20-14:00

14:20-15:00

Keynote Session

**Iuliana Vintila, University "Dunarea de Jos" Galati, Romania**

Title: Harmonization of nutrition claims in medical catering

14:00-14:40

16:00-16:40

Keynote Session

**Mohammad Kamil, Lotus Holistic Health Institute, United Arab Emirates**

Title: Role of natural products in obesity prevention – pros and cons

14:40-15:00

18:10-18:30

Oral Session

**Jayashree Vinay Joshi, Kasturba Integrative Health Sciences-Medical Research Foundation (KIHS-MRF), India**

Title: Integrative research in selected areas of women's infections and nutrition

Central European  
Summer Time (CEST)Presenter's Local  
Country Time

15:00-15:20

18:30-18:50

Oral Session

**Prashant Sakharam Bhokardankar, Datta Meghe Ayurvedic Medical College Hospital and Research Centre, India**

Title: Ancient wisdom meets modern healing: The fusion of Ayurveda and regenerative medicine

15:20-15:40

18:50-19:10

Oral Session

**Mangala Kotnis, Consultant, India**

Title: Ayurvedic nutrition: The prescriptive science of food as medicine

15:40-16:00

15:40-16:00

Oral Session

**Dijeng Euginiah Rampana-Moleleki, Central University of Technology, Free State, South Africa**Title: Cell cycle arrest and apoptosis induced by *Searsia rehmanniana* extracts in DU145 prostate cancer cells

16:00-16:20

15:00-15:20

Oral Session

**Izabella Natrins, UK & International Health Coaching Association, United Kingdom**

Title: From wisdom to action: Whole health and wellbeing coaching as a catalyst for integrative health in traditional medicine

16:20-16:40

10:20-10:40

Oral Session

**Tse Wing Sze Dorothy, Boston University, United States**

Title: Reflections on current perceptions of the five-element musical-affective philosophy: A call to re-evaluate the essence of the human body and colonialism in research methodology

16:40-17:00

08:40-09:00

Oral Session

**Gwendolynn Diaz, California College of Ayurveda, United States**

Title: The origins theory: An 8-layer integrative Ayurvedic framework for Rajonivrutti (menopause) and root sovereignty

Central European  
Summer Time (CEST)Presenter's Local  
Country Time

17:00-17:20

11:00-11:20

Oral Session

**Cloe Couturier, CranioSacralQigong, United States**

Title: Bridging vital rhythms: The primary respiratory mechanism in cranial osteopathy and its parallels in Qigong practices

17:20-17:40

17:20-17:40

Oral Session

**Democracy Thulasizwe Ratlou, Central University of Technology, South Africa**

Title: Phytochemicals in skin disease: Mechanistic insights and translational applications

17:40-18:00

12:40-13:00

Oral Session

**Maurgan LeBlanc, RAND Research Institute, Canada**

Title: Clinical outcomes of integrative acupuncture and phototherapy on treatment-resistant vitiligo: A case report

18:00-18:20

09:00-09:20

Oral Session

**Angela Romero, Ground Roots Health Collective, United States**

Title: The emotional load women carry and its impact on the body: From survival mode to balance

18:20-18:40

09:20-09:40

Oral Session

**Narissa Young, Sea of Sound, Canada**

Title: Vibroacoustic therapy: Integrating sound, science, and traditional healing

18:40-19:10

09:40-10:10

Oral Session

**Veronica Pereira, Rising with V, United States**

Title: The missing link to unlock the body's innate intelligence to heal

Central European  
Summer Time (CEST)Presenter's Local  
Country Time

19:10-19:30

09:10-09:30

Oral Session

**Cynthia Husted, Science and Spirit Institute, United States**

Title: The integration of Tibetan and functional medicines with applications to the clinical care and research of neurological disorders

19:30-19:50

13:30-13:50

Oral Session

**Harpinder Kaur Bhohi, Komal Herbals, Inc., United States**

Title: Mind, dosha, and the modern epidemic: An Ayurvedic framework for stress management and mental wellbeing in contemporary practice

19:50-20:10

19:50-20:10

Oral Session

**Democracy Thulasizwe Ratlou, Central University of Technology, South Africa**

Title: Phytochemicals in skin disease: Mechanistic insights and translational applications

20:10-20:30

23:10-23:30

Oral Session

**Aditi Bhinda, Dr. Madan Pratap Khutenta Homoeopathic Medical College, Hospital and Research Centre, India**

Title: Homoeopathic treatment of lichen simplex chronicus (LSC): A case report

20:30-20:50

20:30-20:50

Oral Session

**Orelia Roller, Maharishi College of Perfect Health International, Netherlands**

Title: How natural gemstones create an effect on the physiology, mind, emotions, and consciousness through the technology of Maharishi Light Therapy with gems

End Note

# WE WISH TO MEET YOU AGAIN AT OUR UPCOMING EVENTS

10<sup>th</sup> Edition of International Conference on  
**Traditional Medicine and Integrative Health**  
June 2027 | Hybrid Event  
<https://traditionalmedicineconference.com/>



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## Questions? Contact

Phone: +1 (702) 988-2320 | Whatsapp: +1 (434) 264-7183

E-mail: [traditional-med@magnusconference.com](mailto:traditional-med@magnusconference.com)